

Evanston Township High School

Recipe No. 000176 E, Chicken Snack Wrap: ETHS 202

Number of Portions: 1

Size of Portion: 1 ea

*Nutrients are based upon 1 Portion Size (1 ea)

Calories	288	kcal	Cholesterol	*50.00*	mg	Protein	*21.08*	g	Calcium	*17.42*	mg	36.48%	Calories from Total Fat
Total Fat	11.68	g	Sodium	744.26	mg	Vitamin A	*72.89*	RE	Iron	*2.22*	mg	*5.51%*	Calories from Sat Fat
Saturated Fat	*1.76*	g	Carbohydrate	24.66	g	Vitamin A	*1497.72*	IU	Water ¹	*35.63*	g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00*	g	Dietary Fiber	*1.33*	g	Vitamin C	*8.19*	mg	Ash ¹	*0.21*	g	34.23%	Calories from Carbohydrates
												29.26%	Calories from Protein

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.