

THE COMBO MEAL IS THE BEST DEAL AT ETHS!

The Combo Meal is the best value for ETHS students. It is a complete meal sold at a single price. Because of this, most students try to build a Combo Meal from the many food choices available. Whether you are eligible for free, reduced or full priced meals, the Combo Meal is the best deal!

There is never any need to share your eligibility status with a student or staff member.
Simply ask the Nutrition Services Staff, "Is this a Combo Meal?" or,
"Does this go with the Combo Meal?" if you need help.

!!!YOU MUST ALWAYS HAVE YOUR STUDENT ID CARD WITH YOU!!!

Place money on your SNAP Account to speed up the line. (Once you've obtained your new student I.D., your SNAP account is automatically created.) Cash, check and charge card are all acceptable forms of SNAP prepayments. Simply complete the attached prepayment slip and bring it with you to registration OR to a cashier in any student food court during meal service.

Go to www.eths.k12.il.us/dept/nutrition to make an on-line credit card payment and check your student(s) balance throughout the year!!!

THE BREAKFAST COMBO

Served to all grades in Beardsley Cafeteria every morning

!!Grab 'n Go Breakfast Items available in Bacon WildKit Window every morning!!

1. One Main Dish
2. One Side Choice
3. One Milk

TO BUILD A BREAKFAST COMBO REMEMBER 1-1-1

(Choose 1 main entrée, 1 side choice and and 1 optional ½ pint of milk)
and

Receive it Free, at the Reduced Price of \$.30 or at the Full Price of \$2.00

The Lunch Combo

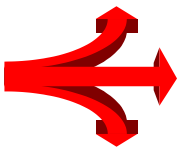
1. One Main Dish
2. Three Side Choices (Choose at least 1 side choice but up to three side choices)
3. One Milk

TO BUILD A LUNCH COMBO MEAL REMEMBER 3-1-1

(Choose up to 3 side choices, 1 main entrée and and 1 optional ½ pint of milk)
and

Receive it Free, at the Reduced Price of \$.40 or at the full price of \$3.50-\$3.75

*Important -
Read This
Carefully!*



School meals are better then ever, as districts across the country including the ETHS Nutrition Services Department are increasing the use of whole grains, lean meats, low fat cheese, and fresh fruits and vegetables. Visit any student food court to see these healthy changes taking place!

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