

Evanston Township High School

Recipe No. 000009 E, GYROS, SLICED, CKD, KRONOS: ETHS 202

Number of Portions: 1

Size of Portion: EACH

*Nutrients are based upon 1 Portion Size (EACH)

Calories	524	kcal	Cholesterol	*74.00*	mg	Protein	*17.18*	g	Calcium	*84.54*	mg	57.56%	Calories from Total Fat
Total Fat	33.53	g	Sodium	1190.57	mg	Vitamin A	*5.95*	RE	Iron	*3.28*	mg	30.06%	Calories from Sat Fat
Saturated Fat	17.51	g	Carbohydrate	36.03	g	Vitamin A	*29.77*	IU	Water ¹	*27.00*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	*2.14*	g	Vitamin C	*0.79*	mg	Ash ¹	*0.11*	g	27.49%	Calories from Carbohydrates
												13.11%	Calories from Protein

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.