

Evanston Township High School

Recipe No. 900000 E, BEEF PATTY, JAMAICAN: ETHS 202

Number of Portions: 1

Size of Portion: EACH

*Nutrients are based upon 1 Portion Size (EACH)

Calories	360	kcal	Cholesterol	40.00	mg	Protein	12.00	g	Calcium	0.00	mg	45.00%	Calories from Total Fat
Total Fat	18.00	g	Sodium	710.00	mg	Vitamin A	0.00	RE	Iron	2.70	mg	22.50%	Calories from Sat Fat
Saturated Fat	9.00	g	Carbohydrate	38.00	g	Vitamin A	0.00	IU	Water ¹	0.00	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	42.22%	Calories from Carbohydrates
												13.33%	Calories from Protein

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.