

Evanston Township High School

Recipe No. 000131 E, CHICKEN PATTY, SPICY: ETHS 202
 Number of Portions: 1
 Size of Portion: EACH

*Nutrients are based upon 1 Portion Size (EACH)

Calories	382	kcal	Cholesterol	55.00	mg	Protein	17.85	g	Calcium	90.38	mg	40.51%	Calories from Total Fat
Total Fat	17.21	g	Sodium	704.29	mg	Vitamin A	150.00	RE	Iron	3.13	mg	9.55%	Calories from Sat Fat
Saturated Fat	4.06	g	Carbohydrate	37.22	g	Vitamin A	750.00	IU	Water ¹	*17.70*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	3.07	g	Vitamin C	*0.00*	mg	Ash ¹	*1.03*	g	38.94%	Calories from Carbohydrates
												18.67%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.