PHYSICAL EDUCATION/WELLNESS/DRIVER'S EDUCATION

Freshman PE

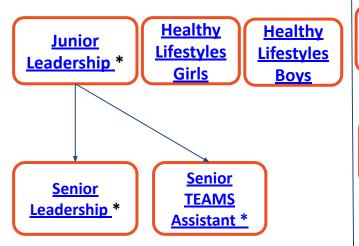
Freshman PE Girls

Freshman PE Boys

Sophomore PE (One Semester)

Sophomore Wellness (One Semester)

Junior/Senior - Year Long



Junior/Senior - Semester Long

1 Adventure Education

2 Adventure

Education *

1 Martial Arts

2 Martial

Arts *

Dance Courses

Global Dance

Dance Performance

Elite Dance Training *

Electives

Introduction to Sports Medicine

<u>Driver's</u> <u>Education *</u>

Advanced Lifeguard Training *

Sport Specific Training *

Competitive Sports & Fitness

Early Bird Fitness

Early Bird Strength and Conditioning

PE Blender (COED or Girls)

Sports Officiating

Strength & Conditioning

Most semester long courses can be repeated during Junior and/or Senior year. See Course Selection Guide for more information.

* Application or Dept Approval Required