

2019-20 Wellness Council Meeting

January 8, 2020

4 pm – 5 pm

S214

Agenda

- I. **Welcome**
- II. **Wellness Council Definition and Expectations**
- III. **Committee Goals and Reports**

Nutrition:

- Wellness Council Chair and Nutrition Services Department: **Kim Ministra**
- Nutrition Services Department: **Kelly Diaz**

Fitness/Wellness:

- Physical Education Department: **Marie Livatino and Meghan Koons**
 - Wellness Teacher:
 - Staff Wellness: **Yolanda Hardy**

Health and Safety:

- School Nurse: **Lisa Walter**
- Health Center: **Ida Joyce Sia**
- Health Center Social Worker:
- Health Care Professions:
- Pediatrician: **Lynn Chehab**

Student Council: **Echo Allen or other student rep**

Board Members: **Stephanie Teterycz**

Community: **Kathy Miehl**

Parent: **Daniel Stein**

- IV. **Discussion Items**